KENSINGTON HOSPITAL COMMUNITY HEALTH NEEDS ASSESSMENT 2021

Kensington Hospital 2021

Community Needs Assessment

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Kensington Hospital

General Description of Hospital

History:

Kensington Hospital was established in 1883 as "The Kensington Hospital for Women".

Dr. Howard Atwood Kelly established the hospital for the "treatment of diseases peculiar to women and the diseases of their urinary and alimentary tracts". It was incorporated in 1887. In 1890, it moved to its present location and had 13 beds. By 1909 the hospital had grown to a capacity of 45 beds. It was there that Dr. Kelly did his early experiments on urethral catheterization, and it was there, in 1888, Dr. Kelly performed the second successful cesarean section in Philadelphia. *A* training school for nurses was developed at Kensington Hospital that same year. In 1889, Dr. Kelly then went on to Johns Hopkins to continue his practice. It was at Johns Hopkins that he developed the Kelly Forceps. The Hospital and Nursing School closed in February 1, 1945 due to the war and a shortage of physicians. The Hospital was reincorporated as a general hospital, renamed Kensington Hospital on September 12, 1947 and reopened with 55 beds in 1948

Currently the hospital has 31 beds and serves as a general community hospital for acute and chronic care conditions, as well as, drug detoxification and rehabilitation services. The Hospital employs 77 individuals, many of whom live in the community. The community is primarily Hispanic, underprivileged and underserved and located in the Lower North Philadelphia section of Pennsylvania. Kensington Hospital provides totally bilingual/bicultural care.

A medical/dental clinic is on site providing the following services:

- Primary Medical Care
- Dental Care
- Podiatry
- Pulmonary & Sleep Disorders
- EKG
- Laboratory

The hospital does <u>not</u> provide Emergency Services or Surgical Services. Referral agreements are in place for these services.

In February 2017, the Kensington Hospital Outpatient Treatment Program was relocated from the Hospital premises to a new location at 2100 N. Front Street (one block from the Hospital). This building was renovated with the assistance of the City of Philadelphia, Office of Addiction Services.

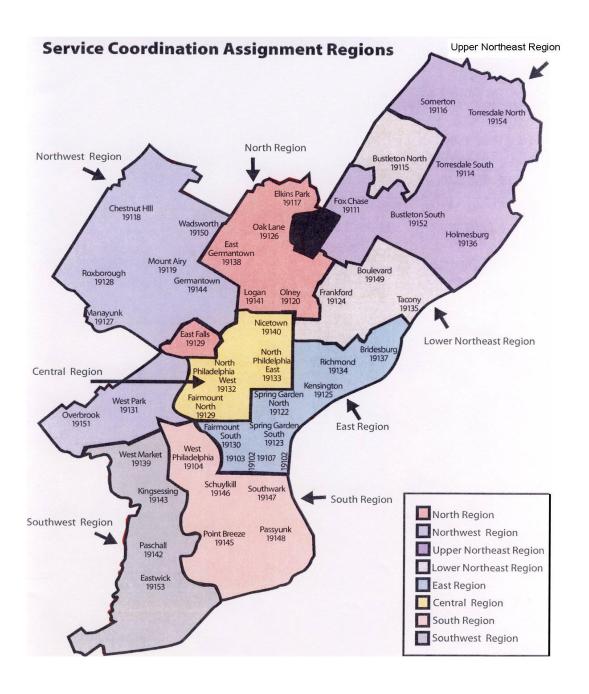
The Hospital is governed by a voluntary Board of Directors consisting of six (6) members.

Community Served by the Hospital:

The Hospital is located at 136 W. Diamond Street, Philadelphia, Pa., 19122

The Community is defined as the geographic area from where most of the patients who are served reside.

Based on the data base of patients served from 7/1/20, management has identified the community to include the following zip codes: 19122, 19124, 19125, 19133, 19134, and 19140. These zip codes account for 70% of patients.



Demographics of the Community

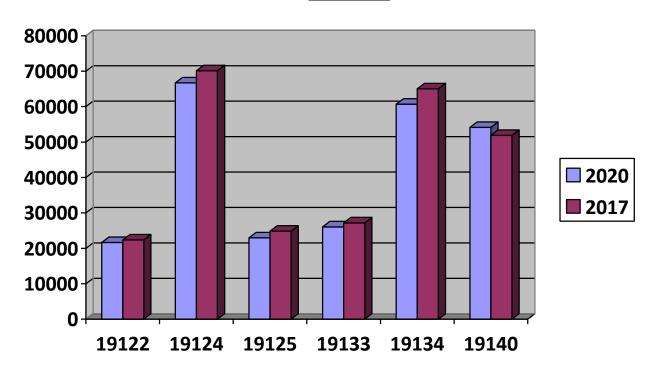
POPULATION SIZE

Population size for the six (6) zip code area, based on the United States Census Bureau, was 252,173 in 2010, 261, 431 in 2017 and 252,173 in 2020:

Zip Code	2017	2020	% of Change
19122	22,392	21,653	-3.30%
19124	70,116	66,691	-4.88%
19125	24,855	22,958	-7.63%
19133	27,195	26,063	-4.16%
19134	65,008	60,675	-6.66%
19140	51,865	54,133	+4.37%

Source: www.unitedstateszipcodes.com

<u>Demographic Breakdown (POPULATION SIZE)</u> <u>by the Surrounding</u> <u>Zip Codes</u>



AGE & GENDER

<u>Age:</u> In Kensington Hospital's surrounding services area, Exhibit 2 reflects the median average age of the population. The State of Pennsylvania's median age is 40 years.

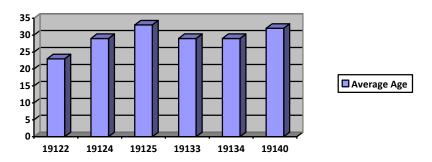
Gender: Approximately 46% of the population in Kensington Hospital's service area are male and 54% are female. These statistics are comparable to the gender breakdown of Pennsylvania as a whole, which is 49% of the population being male and 51% female.

Exhibit 2

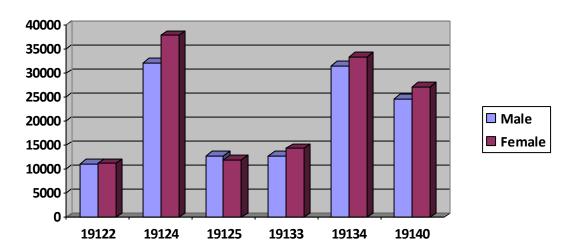
Zip Code	Median Average Age	Male	Female
19122	23 years	9,941	11,712
19124	29 years	31,523	35,168
19125	33 years	11,537	11,421
19133	29 years	12,317	13746
19134	29 years	29,619	31,056
19140	32 years	25,301	28,832

Source: www.unitedstateszipcodes.org

Breakdown by Age in the surrounding Zip Codes



Breakdown by Gender in the surrounding Zip Codes

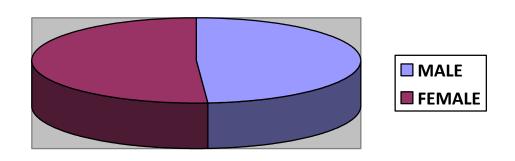


PENNSYLVANIA STATE STATISTICS

POPULATION	MEDIAN AGE	GENDER		
		Male	Female	
12,787,209	40 YEARS	49%	51%	
		6,253,817	6,533,392	

Source: www.censusreporter.org

GENDER



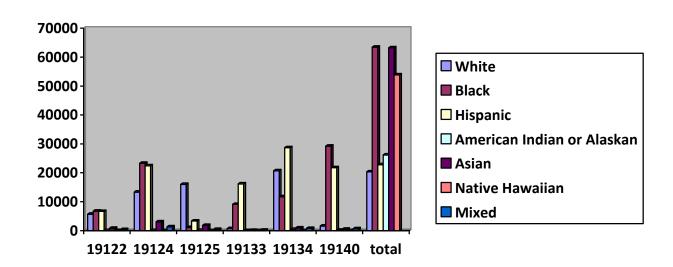
RACE/ETHNICITY:

Although the age of the community population can impact community health needs, so can the race and ethnicity of the population. Exhibit 3 shows the population of the community by illustrating the breakdown of race in the community. Kensington Hospital serves one of the largest Hispanic/Latino communities in Philadelphia. Therefore, Kensington Hospital continues to provide bilingual/bicultural services.

Exhibit 3

Zip Code	White	Black	Hispanic	American Indian or Alaskan Native	Asian	Native Hawaiian & Other Pacific Islander	2 or more Races	Total
19122	5,662 27.8%	6,719 33%	6,647 32.7%	36 0.17%	812 4%	59 0.29%	394 2%	20,329
19124	13,334 21%	23,295 37%	22,422 35%	52 0.08%	2,999 4.7%	8 0.012%	1,308 2.06%	63,418
19125	16,002 70%	1,100 4.8%	3,328 14.6%	88 0.004%	1,820 8%	0 0%	437 2%	22,775
19133	696 2.6%	9,084 34.7%	16,153 61.7%	3 0.003%	74 0.28%	0 0%	159 0.60%	26,169
19134	20,709 32.7%	11,734 18.5%	28,685 45.3%	423 0.66%	896 1.41%	0 0%	778 1.23%	63,225
19140	1,601 2.97%	29,200 54.2%	21,765 40.4%	169 0.31%	478 0.88%	0 0%	641 1.19%	53,854
TOTAL	58,005 20.7%	111,142 39.7%	99,000 35.3%	771 0.27%	7079 2.53%	67 0.02%	3717 1.32%	279,781

Race/Ethnicity Breakdown in the Surrounding Zip Codes



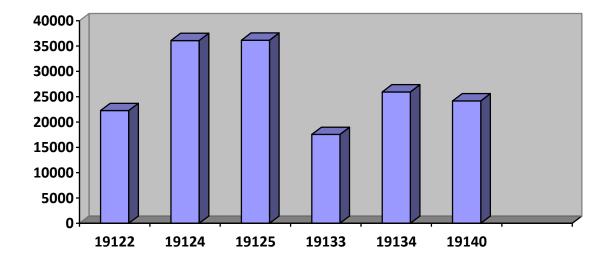
Source: https://zipdatamaps.com

Socio-economic Characteristics of the Community

Income

Zip Code Income Level

Zip Code	Median Household Income
19122	\$22,257
19124	\$36,085
19125	\$36,153
19133	\$17,550
19134	\$25,935
19140	\$24,167



Source: https://zipdatamaps.com

Pennsylvania Income as compared to the Surrounding Zip Codes

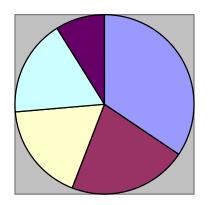
Income: Pennsylvania's median income for the population is \$63,463 in comparison to Kensington Hospital's surrounding six zip codes of \$27,024.

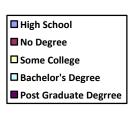
Education

Level of education is outlined below in **Exhibit 5** for the six (6) surrounding zip codes in Kensington Hospital's services locations:

Exhibit 5

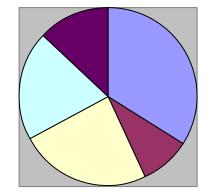
Zip Code	High School	No Degree	Some College	Bachelor's Degree	Post Graduate Degree
19122	35%	22%	18%	18%	9%
19124	44%	24%	21%	7%	3%245
19125	24%	12%	18%	29%	17%
19133	34%	41%	19%	6%	1%
19134	40%	32%	18%	7%	3%
19140	42%	29%	21%	6%	3%





The Pennsylvania State average for level of education is as follows

No Degree	High School	Some College	Bachelor's	Post
	_	_	Degree	Graduate
			•	Degree
9%	34%	24%	20%	13%





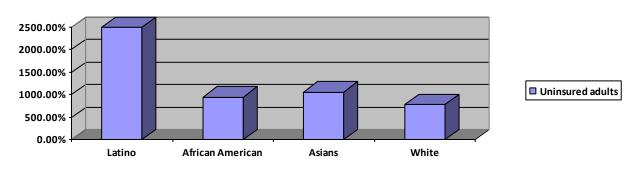
Source: https://ensusreporter.org/profiles

<u>Uninsured adults by race</u> in Southeastern Pennsylvania as shown in Exhibit 4.

Exhibit 4

Latino	24.9%
African Americans	9.5%
Asians	10.6%
White	7.8%

Uninsured Adults by Race



Latinos are more than twice as likely to be uninsured than African Americans (14.5%) and Asians (14.5%) and nearly five (5) times more likely to be uninsured than Whites.

Level of Education of Uninsured

Level of Education	Uninsured
High School Education/GED	25% more likely to be uninsured
High School Education/ GED	14.6% more likely to be uninsured
College Education	10.4% more like to be uninsured
College Degree	4.7% more likely to be uninsured
Advanced Degree	3.1% more likely to be uninsured

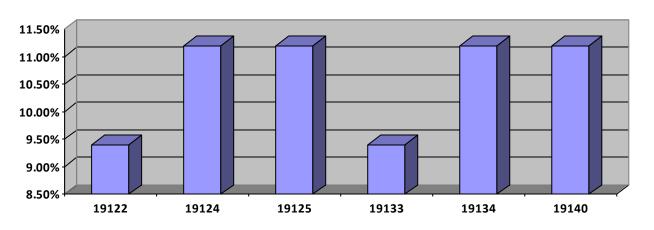
Public Health Management Corporation, Community Health Data Base.

Employment

Exhibit 6 displays the unemployment rate in the surrounding six (6) zip codes in the Kensington Hospital service area.

Exhibit 6

Zip Code	Unemployment Rate
19122	9.4%
19124	11.2%
19125	11.2%
19133	9.4%
19134	11.2%
19140	11.2%



Unemployment

Pennsylvania Unemployment History

		<i>,</i> , , , , , , , , , , , , , , , , , ,	
Date	National Unemployment Rate	Pennsylvania Unemployment Rate	Pennsylvania Unemployed
May 2021	5.8%	6.9%	433,526
April 2021	6.1%	7.1%	449,884
March 2021	6.0%	7.3%	461,514
February 2021	6.2%	7.4%	469,060
January 2021	6.3%	7.3%	457,170
December 2020	6.7%	7.1%	447,888
November 2020	6.7%	7.1%	445,586
October 2020	6.9%	7.0%	444,342
September 2020	7.8%	7.1%	450,013
August 2020	8.4%	10.2%	638,395
July 2020	10.2%	13.0%	839,001
June 2020	11.1%	13.3%	853,780

Poverty

Adults living below 200% of the federal poverty level are over four (4) times more likely to be uninsured than those living at or above the 200% federal poverty level.

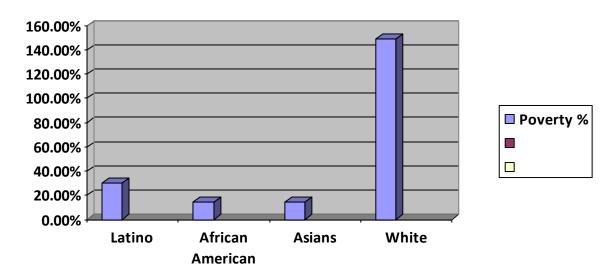
The high poverty rates and percentage of uninsured residents often lead to the postponement of medical care until health problems are serious enough for one to seek help. This delays healthcare, thus creating a greater demand on a community's resources. Rather than having a primary care physician, residents rely on emergency rooms for medical attention. This is often very costly and ineffective.

Having a regular source of medical care can improve the continuity of care, ability to access care, when needed, and possibly quality of care. Uninsured adults are more likely to lack a regular source of care than insured adults (37.3% compared to 8.7% respectively).

Poverty Levels in the Surrounding Zip Codes

19122	32.1%
19124	35.9%
19125	15.3%
19133	46.3%
19134	39.6%
19140	41.0%

Source- simplemaps.com//us-zips/



Opioid Epidemic in Philadelphia

While most of the attention in 2020 was on the coronavirus pandemic, Philadelphia experienced its highest number of drug overdose deaths that year since 2017.

In 2020, 1,214 people died of overdoses, 9% more than died of overdoses in 2018 and 6% more than in 2019, the Philadelphia Department of Public Health announced overdose deaths in 2020 were the highest since 2017, when the city recorded 1,217.

The Philadelphia Department of Public Health noted that last year there was a notable increase of overdoses among Black people and that most overdoses – 86% - were due to opioids. Fentanyl, a powerful synthetic opioid, was involved in 81% of Philadelphia's overdose deaths in 2020, representing a 12% rise from the year prior. In 2010, fentanyl was involved in less than 10% of fatal overdoses.

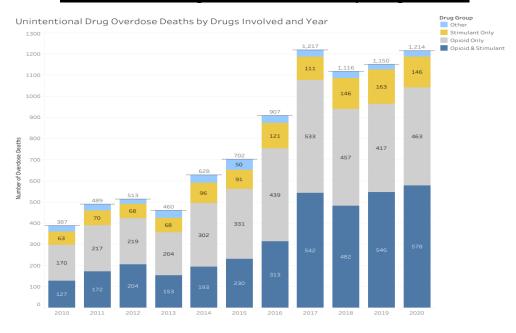
In 2020, overdose deaths among white people dropped by 10%, while those among Black people rose by 29%, the PDPH reported. Meanwhile, Hispanics were the group with the highest rate of fatal overdoses.

The coronavirus has <u>disproportionately affected people of color</u> and <u>exacerbated existing socioeconomic disparities</u>.

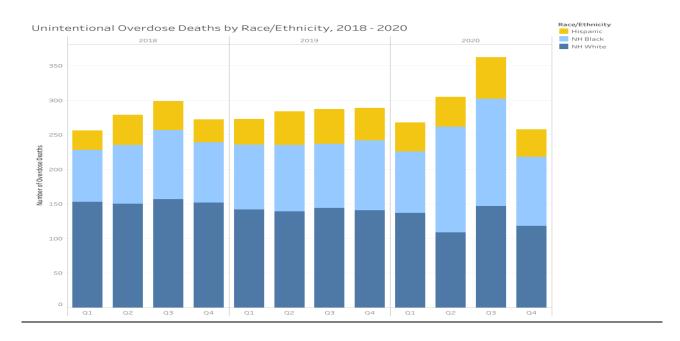
The opioid crisis has been years in the making, but health experts warned of the risk of more overdose deaths during the pandemic – driven by increased socioeconomic stresses and less access to treatment.

The CDC noted <u>an acceleration of overdose deaths during the pandemic</u>. "The disruption to daily life due to the COVID-19 pandemic has hit those with substance use disorder hard," former CDC Director Robert Redfield said.

Unintentional Drug Overdose Deaths by Drugs & Year



Unintentional Overdose Deaths by Race/Ethnicity



Data Source: Philadelphia Medical Examiner's Office - updated quarterly.

Key Findings: Prior to 2002, unintentional overdose deaths were highest among non-Hispanic White Individuals. However, in 2020 the number of overdoses among non-Hispanic Black individuals increased 29%, while the number of overdoses among non-Hispanic White individuals decreased 10%. The shift in demographics first occurred in the second quarter of 2020.

Opioid Epidemic in the Surrounding Zip Codes

Key Findings: The most unintentional overdose deaths occur in the **19134** ZIP code. There are high numbers of deaths occurring in ZIP codes **19124**, **19140**, **19133**, and 19132 as well. In 2020, there were increases in unintentional overdose deaths throughout Southwest, West, and North Philadelphia ZIP codes, with the greatest percent increases seen in ZIP codes 19151,19144 and 19123.

19122	7-24 deaths
19124	50-99 deaths
19125	7-24 deaths
19133	50-99 deaths
19134	100+ deaths
19140	50-99 deaths

Previous Needs Assessment

<u>NEED</u>	<u>OBJECTIVE</u>
Need #1-	
Increase Kensington Hospital's Medical Clinic to include various Specialty services.	Administration will work to obtain additional Specialty services to the Hospital's Medical Clinic such as: Addiction Services, Podiatry, and Women's Health.
Need #2- Increase Substance Abuse Treatment,	To improve the Hospital's Detox Program by starting a new Induction Program;
	To increase slots in the Hospital's Outpatient Treatment Program;
	Facilitate Intensive Outpatient Program (IOP) services.
Need #3- Obtain Collaborative Agreement with the Department of Behavioral Health & Intellectual Services (DBHIS), Office of Addiction Services (OAS) and Jefferson University to serve pregnant and postpartum women with opioid abuse disorders.	A Collaborative Agreement will be obtained between Kensington Hospital's Outpatient Treatment Program and the with the Department of Behavioral Health & Intellectual Services (DBHIS), Office of Addiction Services (OAS) and Jefferson University in order to serve pregnant and postpartum women with medication assisted treatment (MAT) with opioid abuse disorders. The Kensington Hospital Outpatient Treatment Program will hire a Case Manager and a Certified Recovery Specialist (CRS) for the abovementioned Initiative.
Need #4: Increase Kensington Hospital's community relations.	The Hospital will plan to be more active and attend more community/civic meetings, as well as, participate in community festivals and events.

Impact of 2018 Needs Assessment

<u>NEED</u>	<u>OBJECTIVE</u>	
Need #1. Increase Kensington Hospital's Medical Clinic to include various Specialty services.	Administration will work to obtain additional Specialty services to the Hospital's Medical Clinic such as: Addiction Services, Podiatry, and Women's Health.	Met- Hired Podiatrist and Pulmonologist in 2019.
Need #2- Increase Substance Abuse Treatment.	To improve the Hospital's Detox Program by starting a new Induction Program;	Met- Induction Program initiated in 3/2021.
	To increase slots in the Hospital's Outpatient Treatment Program;	Met- Outpatient Treatment Program slots are increasing due to the new established Induction Program.
	Facilitate Intensive Outpatient Program (IOP) services.	Not Met- Intensive Outpatient Program (IOP) was delayed due to long, drawn out process with the Division of Drug & Alcohol Programs (DDAP) not fully understanding Kensington Hospital's request. Anticipated start date on or before 8/2021.
Need #3- Obtain Collaborative Agreement with the Department of Behavioral Health & Intellectual Services (DBHIS), Office of Addiction Services (OAS) and Jefferson University to serve pregnant and	A Collaborative Agreement will be obtained between Kensington Hospital's Outpatient Treatment Program and the with the Department of Behavioral Health & Intellectual Services (DBHIS), Office of Addiction Services (OAS) and Jefferson University in order to serve pregnant and	Met- A Collaborative Agreement is in placed between the Kensington Hospital Outpatient Treatment Program and Jefferson University in order to serve pregnant and post-partum women with medication assisted treatment (MAT) with opioid abuse disorders.

postpartum women with opioid abuse disorders.	postpartum women with medication assisted treatment (MAT) with opioid abuse disorders. The Kensington Hospital Outpatient Treatment Program will hire a Case Manager and a Certified	Not Met- A Case Manager and a Certified Recovery Specialist (CRS) still needs to be hired for the
	Recovery Specialist (CRS) for the above-mentioned Initiative.	Outpatient Treatment Program.
Need #4 Increase Kensington Hospital's community relations.	The Hospital will plan to be more active and attend more community/civic meetings, as well as, participate in community festivals and events.	Met- Kensington Hospital hosted a Behavioral Health Fair in 10/2020. This fair allowed the Hospital to receive a Pay for Performance Incentive from Community Behavioral Health (CBH). Kensington Hospital also participated in various community meetings in the last three (3) years. A Community Relations Policy & Procedure was also developed.

2021 Needs Assessment

<u>NEED</u>	<u>OBJECTIVE</u>
Need #1- Establish Intensive Outpatient Program counseling sessions at the 136 W. Diamond Street location by 8/2021.	All appropriate applications have been made to the Division of Drug & Alcohol Programs (DDAP). Currently awaiting the approval of an Exception from the Division of Drug & Alcohol (DDAP) to conduct Intensive Outpatient Program (IOP) counseling services at the 136 W. Diamond Street location. Anticipating approval is on or sooner than 8/2021.
Need #2- Start Suboxone & Vivitrol services by 3/2022.	Administration will continue to work toward providing Suboxone and Vivitrol services out of the Kensington Hospital Medical Clinic by 3/2022.
Need #3- Hire Certified Recovery Specialist for both Kensington Hospital and the Kensington Hospital Outpatient Program by 1/2022.	Recruitment and retention of a qualified Certified Recovery Specialist will be conducted for both the Kensington Hospital Detox & Rehab Program, as well as, the Kensington Hospital Outpatient Treatment Program.

Existing Healthcare Facilities and Resources with the community that are available to respond to the health needs of the community.

The community served is fortunate to be in a City with multiple teaching hospitals and multiple medical schools There are seven major hospitals [University of Pennsylvania Hospital, Pennsylvania, Hospital, Thomas Jefferson University Hospital, Hahnemann Hospital, Temple University Hospital, North Philadelphia Health System, and St. Christopher's Hospital for Children) in near proximity and able to serve our community.

There are also community clinics: Philadelphia Health Clinic District 6, Maria de los Santos community clinic, Esperanza Health Center, Asociacion Puertorriquenos en March (APM), Community of Mental Health & Retardation (COMHAR) and Congreso de Latinos Unidos also serve the Latinos in this area.

The Health Needs of the Community

Due to illiteracy and literacy issues, and lack of health insurance, access to healthcare occurs late in the disease process. Thus, those patients tend to have multiple chronic diseases and challenges.

Poor lifestyle and behavior, environmental and socio-economic conditions leads to poor health and can also lead to drug addiction and sexually transmitted diseases. The relative high incidence of high blood pressure, diabetes, poor nutrition, asthma, cancer, mental health, HIV, and substance abuse issues are common in our service area. Late entry into the healthcare system exacerbates these conditions, leading to more severe medical problems.

The community served by the Hospital is primarily low-income and minority persons. Kensington Hospital serves as a gateway to healthcare by assisting community residents in navigating through the somewhat complicated healthcare system. Often patients need to be accompanied to other institutions for services due to language difficulties.

Kensington Hospital works with Temple Health System along with other area hospitals to provide tertiary care. Other agreements are in place with community organizations for referral of services not provided by the hospital. Care for the patients is coordinated, seamless, effective, and efficient.

In-patient care provided consists of I.V. therapy, wound care, medical drug detoxification, acute bacterial endocarditis, uncontrolled diabetes, asthma, cellulitis, dehydration, etc.

To serve and educate the community, Kensington Hospital participates in many health fairs, job fairs, and a variety of community events throughout the year.

The process for identifying and prioritizing community health needs and services to meet the community health needs.

The data was obtained from publicly available information, i.e., the internet and City & State databases.

<u>Identification of healthcare needs:</u>

- 1) Various Community representatives;
- 2) Internal Hospital Leaders (i.e, CEO, Medical Director)

The following questions were asked:

- 1) Are there any particular community health needs that Kensington Hospital can address?
- 2) Are there any additional community health needs that you feel Kensington Hospital should consider for the future?
- 3) Do you have any suggestions to improve how Kensington Hospital connects with the community?

Persons interviewed were assured that personal identifiers would not be used in responses to insure confidentiality in the process. Responses were candid and reflected views and sentiments about the overall health care and needs of the community.

Kensington Hospital completed the 2021 Community Needs Assessment survey process by using tools to secure the information from a variety of sources listed in the Needs Assessment. The goal of the Assessment was to identify resident perceptions of community issues and needs that could be combined with other sources of information for the Community Health Needs Assessment. The Needs Assessment was used to develop the implementation strategy which outlines the plan to address the most immediate health need improvement of our community.

From all the conversations and data collected, three (3) new health items were chosen as equal priority health needs in the community.

Need #1

Establish/Conduct Intensive Outpatient Program counseling sessions at the 136 W. Diamond Street location by 8/2021.

Kensington Hospital is situated in the immediate zip code of 19122, which is ground zero for the national opioid epidemic. Obtaining the Division of Drug & Alcohol Programs' (DDAP) approval to conduct IOP counseling sessions at the Kensington Hospital location would be very beneficial to those Outpatient Treatment Program clients struggling in their recovery process. There is a great need for IOP counseling in the immediate area.

Need #2 Begin providing Suboxone & Vivitrol services by 3/2022.

By having all modalities of addiction treatment would be ideal for Kensington Hospital. With the hospital's long history of providing Behavioral Health services over the years, the start of a Suboxone and Vivitrol Program would serve a great need and purpose.

Need #3:

Hire Certified Recovery Specialist for both Kensington Hospital and the Kensington Hospital Outpatient Program by 1/2022.

The value of employing a Certified Recovery Specialist is ideal for the patient/client. Recovery specialists help people regain control of their lives through recovery from addiction, mental health issues, or drug abuse. They often work with individuals dealing with a serious level of mental illness. They help individuals and families identify life goals and make progress toward those goals.

Data in exhibits was sourced from the following:

www.zipdatamaps.com

www.unitedstateszipcodes.com

www.simplemaps.com//us-zips

www.deptofnumbers.com/unemployment/Pennsylvania

www.censusreporter.org/profiles

Philadelphia Medical Examiner's Office – (2018- 2020) updated quarterly.

Public Health Management Corporation, Community Health Data Base Health of the City 2020

PHMC Household Health Survey: Data Analyzed by the Philadelphia Department of Public Health, August 2011

Information obtained for this Community Health Needs Assessment was from a diverse group of individuals from Philadelphia and the immediate community. These individuals are representative of the community agencies/businesses.

IMPLEMENTATION STRATEGY

NEED	<u>OBJECTIVE</u>	STRATEGY
Need #1. Establish & provide Intensive Outpatient Program (IOP) counseling sessions at the 136 W. Diamond Street	situated in the immediate zip code of 19122, which is	All appropriate applications have been made to the Division of Drug & Alcohol Programs (DDAP).
location by 8/2021.	approval to conduct IOP counseling sessions at the Kensington Hospital location would be very beneficial to those Outpatient Treatment Program clients struggling in their recovery process. There is a great need for IOP	Currently awaiting the approval of an Exception from the Division of Drug & Alcohol (DDAP) to conduct Intensive Outpatient Program (IOP) counseling services at the 136 W. Diamond Street location. Anticipated approval is on or sooner than
Need #2- Start Suboxone & Vivitrol services by 3/2022.	area. By having all modalities of Addiction treatment would be ideal for Kensington Hospital. With the hospital's long history of providing Behavioral Health services over the years, the start of a Suboxone and Vivitrol Program would serve a great need and purpose in the Philadelphia area.	A Policy & Procedure manual will be developed for Suboxone & Vivitrol services by 1/2022. Suboxone & Vivitrol office hours will be established by 1/2022. A specific outpatient exam room will be designated
	25	for this purpose by 1/2022. The Suboxone and Vivitrol services at the Kensington Hospital Medical Clinic will begin by 3/2022.

Need #3- Hire Certified Recovery Specialist for both Kensington Hospital and the Kensington Hospital	The value of employing a Certified Recovery Specialist (CRS) is ideal for the patient/client.	Ads will be posted on INDEED for a Certified Recovery Specialist (CRS) by 8/2021.
Outpatient Program by 11/2021.	Recovery specialists help individuals regain control of their lives through recovery from addiction, mental health issues, or drug abuse. They often work with individuals dealing with a serious level	The hiring of a Certified Recovery Specialist (CRS) for Kensington Hospital's Detox & Rehab Unit will be completed by 9/2021.
	of mental illness. They help individuals and families identify life goals and make progress toward those goals.	The hiring of a Certified Recovery Specialist (CRS) for Kensington Hospital's Outpatient Treatment Program will be completed by 9/2021.